

You're The One Newsletter

THE SACRED NATURE OF MOTHERHOOD Issue 5 Vol 16 May 2024

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COMING SOON TO THIS SPACE!

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2024 - Best Year Workshops
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What's New With Karen

Welcome to May 2024! This month we celebrate Mother's Day. It's a time to show our gratitude and love for our Mothers (living or passed) and Mother Figures in our lives (whether biological, adoptive, or spiritual). It is a time to ponder the many wonderful qualities our Mother figures bring to our lives. I read recently a beautiful quote on Motherhood by a Priest: *'Mothers are the guardians of beauty'. Beauty, like love, is not to be hoarded and it is perhaps our Mothers and Mother figures who do that best. They share unconditional love, and seem to bring a sense of all that is true, good and beautiful into our worlds (a world that can be full of ugliness at times). Mothers are called 'To Love' and it is perhaps for this reason they can best see the beauty in their own children, and also all children in the world.'* Mothers, are irreplaceable and invaluable and it is our opportunity to reflect the love back in bucket loads. I invite you this month to show love for all our Mother figures with a gesture that will deeply touch them, knowing they are loved beyond measure unconditionally. Gestures do not have to be huge events. The beauty of a candle they can light each evening that reminds them of your love, a beautiful book they can read that deeply touches their soul, a beautiful spa treatment to nurture body, mind and spirit, a beautiful meal or breakfast in bed to nourish their body. As I remember back to my beautiful Mother who passed some 4 years ago, I remember some of my most sacred and treasured moments with Mum, were when we sat in silence & stillness, shared a meal, under candlelight in her small unit, knowing that no words were necessary. The beauty of those silent, sacred moments I shall always treasure & never forget. God Bless all the Mothers. My Mother's beauty lives on within me. Love Karen XXX

MOTHERHOOD. AN ETERNAL & CONTEMPORARY VOCATION. WE MUST DO EVERYTHING IN ORDER THAT WOMEN MAY MERIT LOVE AND VENERATION. WE MUST DO EVERYTHING IN ORDER THAT CHILDREN, THE FAMILY & SOCIETY MAY SEE IN HER THAT DIGNITY THAT CHRIST SAW.

"There are few things more powerful than the faithful prayers of a righteous mother."

- Boyd K. -

Yours sincerely,

karen vella

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MOTHER TERESA QUOTE
Love Karen at YTO Life Coaching



Do Not Think That Love, In Order to be Genuine, has to be Extraordinary.
karen@youretheone.com.au

Please pass on to all your friends, colleagues, family and loved ones! Love Karen - YTO Life Coaching.

Offer Expires: 31st May 2024

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